

WALKING FOOTBALL TOURNAMENT

SOUVENIR PROGRAMME



PARKINSONS DISEASE WALKING FOOTBALL

ST GEORGE'S PARK  
SATURDAY 12TH MARCH 2022

# *Our* WELCOME

We are pleased to put on today's event in partnership with the Walking Football Association. Thank you for coming to support today's event! I hope that you have an amazing day.

Football, was the start of Sport Parkinson's at the Ray Kennedy Cup (it will be great to catch up with fellow UKYOPD FC players here today!) and I know today will be no less competitive!

It is the intention of the Sport Parkinson's team to provide marquee events like this to attract and inspire people with PD to participate in sport in whatever form is best for them - to find their way to play.

The events for the year ahead are on the back page of the programme, we are especially proud of the Try-Athlon, which is back bigger and better with a wider range of sports, support and creative activities for you to try - I hope to see you all there. Please encourage as many as you can to come and find their way of taking the all important exercise prescription of 2.5 hours a week.

Above all "Keep Healthy and Strong Til a Cure Comes Along"

Charlie Appleyard, Director, Sport Parkinson's



# The WFA



"I am so thrilled that the WFA is working with Sport Parkinson's to make the first Parkinson's Walking Football tournament a reality. I have seen, first hand, the impact that walking football can have on people with Parkinson's. It is awesome to see 10 teams taking part today. What we have achieved in a short space of time is brilliant but some of the individual achievements of players here is quite staggering. It just shows what can be achieved with the right structure and support. I'm honoured to be representing the WFA on this journey"

Stuart Langworthy, England Walking Football Manager

The Walking Football Association (WFA) is focusing on the benefits that sport can bring to people with Parkinson's. The team of Stuart Langworthy, Paul Nicholls and John Roche are determined to make a positive impact within the community.

So far they have opened nine centres, with the intention of opening many more - aiming to make Walking Football accessible to anyone

Who can play walking football? The simple answer is anyone. There are entry points and training for all skill levels, and all ages and genders are welcome. If you are interested in Walking Football in whatever capacity please contact:

Stuart Langworthy - [stuartlangworthy@thewfa.co.uk](mailto:stuartlangworthy@thewfa.co.uk) Paul Nicholls - [paulnicholls5@icloud.com](mailto:paulnicholls5@icloud.com)

John Roche - [john.roche154@gmail.com](mailto:john.roche154@gmail.com)

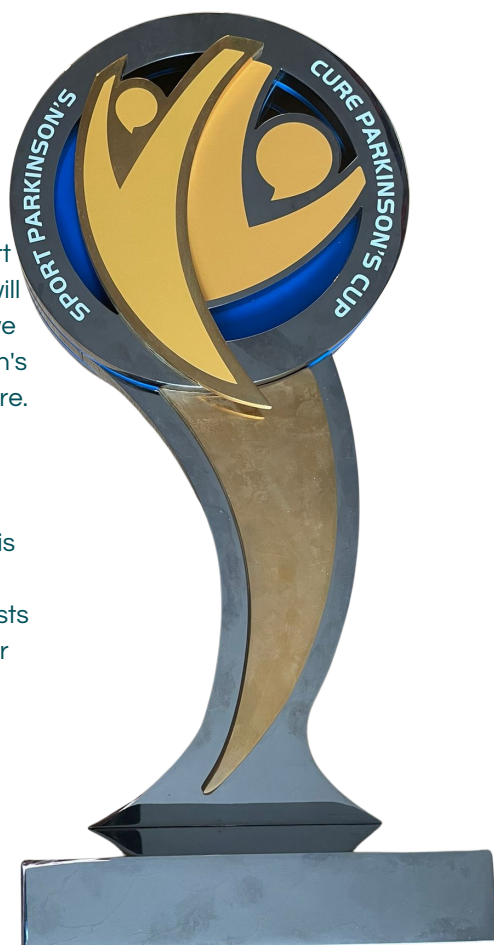
## About THE CUP

"Keep healthy and strong til a cure comes along" Is the mantra of Sport Parkinson's - natural alliance with Cure Parkinson's. Today's winners will walk away with The Cure Parkinson's Cup, here at Sport Parkinson's we want to make people aware of the work being done by Cure Parkinson's and how we as people with Parkinson's can help in the search for a cure.

Curing Parkinson's needs world-class collaborative science involving researchers, clinicians, the pharmaceutical industry and, most importantly, people who are living with Parkinson's. This collaboration is at the heart of Cure Parkinson's research programme.

Their leadership and funding enables the world's leading neuroscientists and neurologists to prioritise, together, the next generation of drugs for clinical trial. We're acting with urgency, for people currently living with Parkinson's, with a focus on research which has potential to translate into the clinic within five years. Find out more by going to

<https://cureparkinsons.org.uk/>



# *The* TOURNAMENT

11.00

REGISTRATION

11.30

TEAMS WARM UP AND TEAM PHOTOS

11.45

REFEREE BRIEFING – REMINDER OF THE RULES

INTRODUCTIONS

CHARLIE APPLEYARD (SPORT PARKINSON'S) AND  
PHILL ROBINSON (CURE PARKINSON'S)

12.00

TOURNAMENT COMMENCES

LEAGUE OF 5 MATCHES 14 MINUTES (7 EACH WAY)

GROUP A-PITCHES 1&2

GROUP B - PITCHES 3&4

MATCH 1 12:10

MATCH 2 12.30

MATCH 3 12.50

MATCH 4 13.10

MATCH 5 13.30

14.05

PLAY OFF MATCHES

TEAMS IN 3RD, 4TH, 5TH AND 6TH PLACES

14.25

SEMI FINAL GROUP A PITCH 1

SEMI FINAL GROUP B PITCH 3

1500

FINAL – PITCH 1

PRESENTATIONS AFTER FINAL

# The FIXTURES

## Group A

Match 1	Pennine Parkies v Deka	Birmingham Walking Football v Fighting Fit Football
Match 2	Parkysaurus FC v Pennine Parkies	Deka v Birmingham Walking Football
Match 3	Fighting Fit Football v Pennine Parkies	Deka v Parkysaurus FC
Match 4	Fighting Fit Football v Parkysaurus FC	Birmingham Walking Football v Pennine Parkies
Match 5	Fighting Fit Football v Deka	Birmingham Walking Football v Parkysaurus FC

## Group B

Match 1	PD Warrior Bristol v North Cumbria Parkies Walking Football	Movers and Shakers v Stockport Northern Lights
Match 2	Northern Lights Liverpool v PD Warrior Bristol	North Cumbria Parkies Walking Football v Movers and Shakers
Match 3	Stockport Northern Lights v PD Warrior Bristol	North Cumbria Parkies Walking Football v Northern Lights Liverpool
Match 4	Stockport Northern Lights v Northern Lights Liverpool	Movers and Shakers v PD Warrior Bristol
Match 5	Stockport Northern Lights v North Cumbria Parkies Walking Football	Movers and Shakers v Northern Lights Liverpool



#### PENNINE PARKIES

Players:

Stuart Hopwood  
Stuart Avery  
Richard Dunning  
Sam Turner  
Gary Milligan  
Nick Taylor  
Nick Beswick  
Ray Blackburn  
Jonny Acheson

Manager:

Gary Milligan

#### DEKA

Players:

Chris Brownbill  
Tracy Roche  
Kayleigh Avery  
John Arnold  
Holly Palmer  
Sebastian Sewell  
Roger Eglin  
Tony Booth  
Mark Ellis

Manager:

Colin Smith

#### BIRMINGHAM WALKING FOOTBALL CLUB

Players:

Andrew Hobbs  
Dave Higgins  
Ian Kennedy  
Martin Sewell  
Tim Mason  
Steve Hughes  
Rod Shelton  
Barry Butterworth  
Pete Grimshaw  
Phil Smith  
John Sheridan

Manager:

Paul Murtaugh

#### FIGHTING FIT FOOTBALL

Players:

Jeff Palmer  
Paul Green  
Martin Roche  
Gary Blackledge  
Nicholas Light  
Joe Gregory  
Les Darvill  
Graham Watkin  
Ian Giles  
Ian Rogers  
Dave Beatt

Manager:

Matt Penn

#### PARKYSAURUS FC

Players:

Paul Nicholls  
Charlie Appleyard  
Garen Williams  
Keith Rados  
Colin Wells  
Hamish Turnbull  
Phill Robinson  
David Allen  
Kamel Djender  
David Eccles

Manager:

Stuart Langworthy

# Group B

## PD WARRIOR BRISTOL

### Players:

Aidan Knapp  
Caroline Pike  
Gary Smith  
James Wilkinson  
Nick Peters  
Rob Mayne  
Simon Wall  
Steve Prosser

### Manager:

Alistair Macfarlane

## NORTH CUMBRIA UNITED

### Players:

Phil Gorley  
Simon Gladwell  
Mick Hill  
John O 'Leary  
Neil Howgill  
David Little  
Alan Little  
Johnny Parky

### Manager:

David Little

## MOVERS AND SHAKERS

### Players:

Stuart Edlington  
George Piggin  
Alan R Nokes  
Graham Wamer  
Andy Mills  
John Buckley  
John Kedwa  
John Homes  
Mark Ellis

### Manager:

Issey Fisher / Jo Eastough

## STOCKPORT NORTHERN LIGHTS

### Players:

Annie Booth  
Simon Grainger  
John Roche  
Richie Ellis  
Keith Bibby  
Zoe Leardodd  
Steve Walton  
Neil O'Toole

### Manager:

Stuart Carrington

## NORTHERN LIGHTS LIVERPOOL

### Players:

Ian Perry  
Keith McIndoe  
Lawrie Sephton  
Rod Houghton  
Peter Odgear  
Tony Morrow  
Steve Rimmer  
James Clarke  
Paul Smith

### Manager:

Keith Johnson

# Sport Parkinson's Events

## Sport Parkinson's Open Golf Tournament

The Vale, Tuesday 3rd May

The inaugural international golf open for those with PD, on the National Course, at The Vale Resort in Wales

## Beginners Golf Day

The Vale, Tuesday 3rd May

For everyone who wants to start or return to golf but doesn't know where to begin – a free day with a chance to socialize with other PD golfers

## Sport Parkinson's Try-Athlon

Worcester Warriors' Sixways Stadium, Saturday 9th July

Our flagship event where we encourage all with PD and their families and friends to find a new way to play – with sports, exercise and neuro-physios in a supportive and friendly environment

## Sport Parkinson's Four Nations Golf

The Belfry, 11-13th October.

Teams from England, Ireland, Scotland and Wales play for the PD equivalent of the Ryder Cup on the legendary course

Specific Event for Women with PD TBA



Get involved and find your way to play! To find out more about these events Visit [www.sportparkinsons.org](http://www.sportparkinsons.org) or scan the QR Code on your phone to find out the latest on each event